

Metea Valley High School Music Department



Spring Break Tour 2025
March 29 – April 3
Disney World, Universal Studios

Itinerary and Detailed Trip Information



Health/Insurance Information Form

ANY STUDENT CARRYING PRESCRIPTION DRUGS MUST INCLUDE A SIGNED DOCTOR'S PERMIT WITH THE HEALTH FORM. THE COMPLETED HEALTH FORM MUST HAVE ALL MEDICATIONS TAKEN ON THE TRIP LISTED.

A completed health form must be on file before the departure date.

Please ensure your medical information form is up to date at the time of departure on March 29. To provide proper care and guidance for each student, it is critical that faculty be informed of all health issues and related medications. A copy of your health form will remain on file at Metea Valley High School for the duration of the tour. Following the tour, all medical and insurance documents will be shredded.

Students are responsible for taking any prescribed medication as directed. All tour participants must plan ahead for prescription medications, taking time-zone changes into account.

Luggage and Equipment

You are solely responsible for your belongings, including your luggage, carry-on bag, instrument, uniform, and any Metea Valley equipment you are using.

Large instrument cases, equipment, and suitcases will be loaded and unloaded from the buses and truck by the assigned equipment crews. However, it is your responsibility to ensure your belongings are in the correct location (i.e., hotel room to bus, bus to performance, etc.).

Do not under any circumstances leave anything unattended during the tour. If you bring your suitcase to the bus before the equipment crew or tour staff has arrived, do not leave it in the lobby, parking lot, or sidewalk. If you need to make multiple trips, coordinate with someone to stay with your items until you return. If you see an unattended item, wait for someone to claim it or bring it to its proper location.

Luggage Requirements

To allow sufficient space aboard the motorcoach, each group member is limited to one medium-sized suitcase. Length + Width + Depth = 50 Linear Inches

Each passenger is also allowed one small carry-on bag (not including purses or cameras). All carry-on bags must fit in an overhead compartment on the bus.

Pack conservatively. Do not bring more than you can carry. Leave space for souvenirs or items you might purchase.

Luggage/Instrument Identification

All luggage, carry-on bags, instrument cases, and equipment cases must have identification tags.

Instrument Cases

All school-owned and privately owned instrument cases must be in excellent working order. This includes sturdy and functioning clasps and hinges. Do not key-lock your instrument case.

Hotel Information

Rosen Plaza Hotel
9700 International Drive
Orlando, FL 32819
(407) 996-9700

Breakfast, Lunch, and Dinner

Attendance will be taken at each breakfast, whether you plan to eat or not. This will also serve as a meeting time for itinerary updates and important information. For your health, eat something each morning, including juice or water.

Please check the itinerary to determine which meals are included in the tour package and plan accordingly.

Band Uniform

PERFORMANCE:

- **Winds and Percussion:** Uniform Pants, Uniform Jacket, Shako (Hat), Plume, White Gloves, Marching Shoes, Long Black Socks (must be all black), Plain Black T-Shirt, Black Athletic Shorts
- **Color Guard:** Tunek Top, Black Leggings, Black Long Songs, Guard Shoes

CLINIC:

Nice Metea Shirt or Sweatshirt, Pants or Shorts, Comfortable Shoes

Choir Uniform

PERFORMANCE:

Concert Black: Black dress pants, long-sleeve black dress shirt, black socks, black shoes (no shiny jewelry)

CLINIC:

Metea Choir shirt/sweatshirt merch of your choice, pants/shorts of your choice (if you do not have choir merch, wear any Metea spirit wear shirt of your choice).

Orchestra Uniform

PERFORMANCE:

Concert Black: Black dress pants, long-sleeve black dress shirt, black socks, black shoes (no shiny jewelry)

CLINIC:

Short-sleeve Metea shirt of your choice, pants or shorts of your choice

CLOTHING

Orlando's average temperature in March is 66°F, with highs of 83°F and lows of 63°F.

Our daily attire should reflect nice school clothes. Avoid clothing offensive words/graphics. A variety of Metea-wear is highly recommended.

Packing List

- Photo ID (not required, but recommended - School ID, Driver's License, etc.)
 - Spending money / debit card / credit card
 - Clothes for each day (please see *What To Where When*)
 - Tennis shoes (for theme parks and travel)
 - Metea-wear
 - Swimwear
 - Band: Marching or Color Guard Uniform
 - Band: Marching and Concert Instrument
 - Woodwinds: Instrument, 4-6 concert-quality reeds, reed guard, cork grease, cleaning swab, pencil
 - Brass: Instrument, valve oil, slide grease, polishing cloth, pencil
 - Percussion: Sticks, mallets, equipment, pencil (packed by March 28)
 - Choir: Music
 - Orchestra: Instrument, Music (packed by March 28), cello-bow & rock stop, bass- BOW
 - Choir and Orchestra Concert Attire
 - Toiletries
 - Prescription medications
 - Sunscreen
 - Umbrella or poncho
 - Battery Charger
 - Small Pillow and Blanket for the bus
 - Headphones for the bus (G, PG, or PG 13 Movies)
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General Packing Suggestions

1. Make sure you take clothing that is comfortable. Do not take new shoes unless they are thoroughly broken in. Do NOT forget your concert shoes.
2. Share items with your roommate to save on luggage space.
3. A small travel pillow and blanket may be nice for sleeping on the bus.
4. Bring essential items such as prescriptions, deodorant, a toothbrush, and other necessities for overnight bus travel.
5. Do not bring valuables that you cannot afford to lose.

What to Wear and When

Saturday, March 29

- Dress comfortably for the bus ride to Florida!
- You should also bring toiletries (deodorant, toothbrush, toothpaste, etc.) for overnight travel. You will not have access to your luggage.

Sunday, March 30

- Casual Clothing (Pants or Shorts, T-shirt or Sweatshirt)
- Walking Shoes

Monday, March 31

Band	Choir	Orchestra
<p>Attire for Clinic</p> <ul style="list-style-type: none"> • Nice Metea Shirt or Sweatshirt • Pants or Shorts • Comfortable Shoes <p><i>after the clinic</i></p> <ul style="list-style-type: none"> • Casual Clothing (Pants or Shorts, T-shirt or Sweatshirt) • Walking Shoes 	<p>In The Park</p> <ul style="list-style-type: none"> • Casual Clothing (Pants or Shorts, T-shirt) • Walking Shoes <p>Concert Attire</p> <ul style="list-style-type: none"> • Black dress pants • Long-sleeve black dress shirt • Black socks • Black shoes 	<p>Concert Attire</p> <p>Concert Black:</p> <ul style="list-style-type: none"> • Black dress pants • long-sleeve black dress shirt • black socks • black shoes • (no shiny jewelry) <p><i>after the performance</i></p> <ul style="list-style-type: none"> • Casual Clothing (Pants or Shorts, T-shirt or Sweatshirt) • Walking Shoes

Tuesday, April 1

Band	Choir	Orchestra
<p>In The Park</p> <ul style="list-style-type: none">● Casual Clothing (Pants or Shorts, T-shirt or Sweatshirt)● Walking Shoes <p>Attire for Parade Performance</p> <ul style="list-style-type: none">● Black T-Shirt● Long Black Socks (no colors, stripes, etc.)● Athletic Shorts● Band Uniform/Marching Shoes/Color Guard Uniform	<p>Clinic Attire</p> <ul style="list-style-type: none">● Any Metea Choir T-shirt or sweatshirt merch of your choice (If you do not have choir merch, wear any Metea spirit wear T-shirt of your choice)● pants/shorts <p>After the clinic</p> <ul style="list-style-type: none">● Casual Clothing (Pants or Shorts, T-shirt or Sweatshirt)● Walking Shoes	<p>Clinic Attire</p> <ul style="list-style-type: none">● Nice Metea Shirt or Sweatshirt● Pants/shorts <p>After the clinic</p> <ul style="list-style-type: none">● Casual Clothing (Pants or Shorts, T-shirt or Sweatshirt)● Walking Shoes

Wednesday, April 2

- Casual Clothing (Pants or Shorts, T-shirt or Sweatshirt)
- Walking Shoes

After our day at Universal - Pack in a carry-on (you will not have access to your luggage)

- Dress comfortably for the bus ride to Aurora, Illinois!
- You should also bring toiletries (deodorant, toothbrush, toothpaste, comb/brush) to refresh for the next day. We do not arrive until late in the evening on Thursday, April 3.

Thursday, April 3

- Dress comfortably for the bus ride to Aurora, Illinois!

Money

The best payment options for travel are **cash, an ATM card, or a credit card** (Visa and MasterCard are widely accepted). **Notify your bank** that you will be using your card in Florida from **March 29 - April 3** to prevent security holds.

How much money should I bring? Please see the itinerary for meals you will need to purchase. You may consider bringing additional funds if you wish to purchase souvenirs and additional items throughout the tour.

Cell Phone / Photography

There is not a policy regarding students having a cell phone on the tour. We kindly ask that students who bring a cell phone not use it for any reason during a clinic or performance.

Plan to take photos, but follow all photography regulations at each venue. Metea Valley is not responsible for confiscated electronic devices.

Participation Guidelines

All policies and expectations governing the appearance, decorum and musical performance for the musicians of the Metea Valley High School Music Department are applicable throughout the tour. **MVHS school rules and disciplinary policies are in effect from your arrival on campus Friday morning, March 29 until you leave campus on Saturday evening, April 3.** At all times students are expected to behave in a manner that is respectful of the rights and well-being of other individuals, particularly those people who are not part of our tour and to accept the responsibility for their own decisions and actions. Any student not complying with school behavior policies and/or cooperating with the requests of a faculty member or tour staff member can expect to be disciplined. Disciplinary actions may extend upon return to Metea Valley High School. In the event of flagrant disregard of tour itinerary activities, tour personnel, or the tour participation guidelines, our combined staff may determine that such extreme behavior threatens the safe continuance of the tour, and that it is in the best of all tour participants that a student no longer continues with the tour. Following telephone contact with a parent or guardian, said student will be sent home under airline supervision at the expense of the student's legal guardian.

As specific situations arise participating students and parents must understand the staff will rely upon their collective experience and judgment in considering the unique circumstances of any incident. It is not the responsibility or desire of the staff to "police" the tour in order to catch someone at something. **Our relationship, as members of a music ensemble, is the basis on which we must all encourage, support, and demonstrate responsible decision-making.**

Hotel

1. Please use appropriate behavior in the hotels, restaurants, and rest stops throughout the entirety of the tour.
2. Guests and employees at the hotels will expect and must receive courteous, quiet behavior from each of us at all times! Excessive noise will not be tolerated under any circumstances!
3. You may only access your assigned guest room (please do not enter any hotel guestroom that is not assigned to you). You may access common areas in the hotel to visit with students from other rooms.
4. A curfew will be established each evening. Students **must** be in their assigned rooms for room-check at the designated time. **Room-check and lights-out times will vary** based on our itinerary and return to the hotel. Given our demanding schedule, getting adequate rest is essential.

No one may leave their room after room-check until 30 minutes before the scheduled breakfast time. In the event of an emergency, contact a faculty member, chaperone, or the front desk immediately.

5. Please do NOT wear pajamas in hallways or common areas of the hotel.
6. Do NOT open your hotel room door without first identifying the person on the other side of the door. Deadbolt or chain room doors overnight.
7. Do NOT leave your room after evening room-check for ANY REASON other than to contact a staff member or parent concerning an emergency.
8. Do NOT leave the hotel grounds without receiving permission from a staff member.
9. Do NOT leave valuables such as wallets, purses, jewelry, cameras, etc. in the hotel room or on a bus in open view.
10. Do NOT make phone calls from the hotel room, rent movies/games, or consume items from the mini-bar. Students are responsible for any extra room charges (e.g., phone calls, movie rentals, mini-bar snacks, lost keys, or damaged furnishings).
11. Prior to checking out, all students in the room are responsible for making sure the room looks as clean as it did during check-in.
12. Each member of the room is responsible for:
 - Returning the room keys at checkout
 - Make sure the room is clean
 - Double-check to make sure no personal belongings are left
 - Have a chaperone check your room before leaving

Theme Parks

1. Always be a part of a group of 3 or more students. Inform a staff member if you need to use a restroom while on an excursion. Do NOT leave any member of our tour alone.
 2. It is your individual responsibility to be at the right place, with the right equipment, in the right apparel, at the right time.
 3. Be a defensive tourist. Always be aware of who is around you. Carry wallets, etc. in a money belt or inner pocket. Keep purses and cameras under your arm or in front of you. Do NOT open your wallet or purse on the open street or in a tourist area. Be with friends when you open your wallet or purse in a crowded store.
 4. If you become lost, disoriented, or in need of assistance, contact a music teacher immediately. Be judgmental of whom you ask for help. Look for a policeman, tour guide, or another person of authority.
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Bus

1. Be respectful and courteous to the bus drivers and chaperones at all times.
2. Remain in your seats when the bus is in motion.
3. Keep the seats, floor, and overhead compartments clean. Please throw all trash in the containers available at the front and rear of the bus.
4. Please refrain from standing on the seats, armrests, and footrests since they were not constructed to withstand your entire body weight.
5. Please notify the bus driver or chaperone if you discover any equipment defects or damage.
6. No switching of buses will be allowed.
7. Attendance will be taken each time we load the bus. Only say YOUR number while taking attendance.
8. Please do not exit the bus until instructed to do so.

Coda

FLEXIBILITY is of utmost importance at all times. The trip has been planned with as much care, attention to detail, and troubleshooting as possible. But, as the saying goes: “The best-laid plans...”

FOLLOW DIRECTIONS and/or **ASK QUESTIONS**, but do NOT assume information. The faculty and tour guides will have much more information than you need or want to know.

Each individual musician is supremely important to the ensemble. BUT, the ensemble, as a GROUP, must take precedence over the individual.

Please remember, wherever we travel your behavior represents and reflects:

You and your family

Metea Valley High School Music Department

Metea Valley High School

Indian Prairie School District 204

Aurora/Naperville

Illinois